

**Maryland Institute of Alcoholism and
Drug Abuse Studies**

OETAS
Spring 2012
Training
Schedule

**Maryland
Alcohol and Drug Abuse Administration
Catonsville, Maryland**

OETAS
Spring 2012 - Training Schedule
Commuter Courses and Workshops

MARCH	
14, 21 and 28	The Family in Recovery – Anna Agnew, LCSW-C, Private Practice and Training Consultant, Adjunct Faculty at Harford Community College, Belair, MD
APRIL	
3, 4 and 5	On Chemical Dependence and Human Development – Greg Hunter, MCP, MS, LCSW-C, CISD, Therapist and Trainer in Private Practice, Baltimore, MD
10, 17 and 24	The Addicted Patient with Anxiety Disorder – Betsy McCaul, PhD, Professor, Johns Hopkins University School of Medicine, Baltimore, MD
MAY	
4, 11 and 18	Motivational Interviewing to Increase Retention and Engagement – Christine Higgins, Dissemination Specialist, Mid-Atlantic Clinical Trials Network, Baltimore, MD
15 and 16	Using the Stages of Change Model to Strategize Treatment Planning – Tom Dolan, Grad Cert., CAC-AD, Adjunct Professor: Chemical Dependency Curriculum, Community Colleges of Baltimore County, Clinical Supervisor: Serenity Health, Aberdeen, MD
JUNE	
26, 27 & 28	Building Effective Teams – Nancy Hoffman, PhD, LCPC, Management Consultant and Adjunct Faculty member at Stevenson University, Baltimore, MD

March 14, 21 and 28

The Family in Recovery – Anna Agnew, LCSW-C, Private Practice and Training Consultant, Adjunct Faculty at Harford Community College, Belair, MD – 21 Hours

Addiction is sometimes called a “family disease” since it affects the entire family. This course will focus upon three central themes of a family system: belonging/inclusion, leadership/control, and intimacy/affection. When the family is in active addiction and in recovery, these three central themes can be disruptive to the family’s healthy functioning. Practitioners aware of the stages a family encounters in addiction and recovery can better address the patient(s) and their family through the recovery process. Attention will be given to emotional relapse during discussion of the central themes.

This course applies toward the specialized training requirement for the State of Maryland’s position classification of Alcohol and Drug Abuse Counselor, Advanced.

April 3, 4 and 5

On Chemical Dependence and Human Development – Greg Hunter, MCP, MS, LCSW-C, CISD, Therapist and Trainer in Private Practice, Baltimore, MD – 21 Hours

This course examines the relationship between human development and the counseling process. Utilizing the psychosocial perspective originally developed by Erik Erikson, counselors will be provided with a useful conceptual framework for understanding the developmental issues as they appear in the therapeutic process. Regardless of a counselor’s theoretical preference, answering a number of relevant questions that deal with life’s developmental tasks, will give direction to the counseling process. This perspective will be used to assist the patient to have a broader picture of their individual struggle, and to understand the various stages of their lives.

April 10, 17 and 24

The Addicted Patient with Anxiety Disorder – Betsy McCaul, PhD, Professor, Johns Hopkins University School of Medicine, Baltimore, MD – 21 Hours

This course is designed to help the practitioner understand the types and causes of anxiety disorders and how to help the substance abusing patient who is diagnosed with an anxiety disorder. Assessment, medications, and interventions are identified and discussed. This course is primarily didactic, with some case-oriented skill building in assessment, treatment planning, and interventions.

This course applies toward the Co-Occurring Disorders Specialty Certificate and the specialized training requirement for the State of Maryland’s position classification of Alcohol and Drug Abuse Counselor, Advanced.

Prerequisites: Introductory addictions, screening and assessment, and basic counseling skills courses.

May 4, 11 and 18

Motivational Interviewing to Increase Retention and Engagement – *Christine Higgins, Dissemination Specialist, Mid-Atlantic Clinical Trials Network, Baltimore, MD – 21 Hours*

This course is designed to help participants develop skills and techniques in treatment planning and initial counseling visits that are within the framework of Motivational Interviewing, which is based on the Trans-theoretical Model of the Stages of Change. Participants will develop patient goals derived from an assessment of the patient's stage of change, and practice selected intervention techniques commonly used within the Pre-Contemplation, Contemplation, and Preparation stages to stimulate change processes. Selected techniques include "active listening" and opening strategies that include open-ended questions, reflective listening, summarizing, and affirming. Participants will learn ways to identify and modify resistance using different kinds of reflection: simple, amplified, and double-sided reflection. Together, we will develop a practice that is patient-centered (increases self-esteem and self-efficacy) and takes the burden off the counselor to "fix" the problem.

Prerequisite: This is **not** an introductory level workshop. Participants should be familiar with MI core principles, and have experience with using basic MI skills.

May 15 and 16

Using the Stages of Change Model to Strategize Treatment Planning – *Tom Dolan, Grad Cert., CAC-AD, Adjunct Professor: Chemical Dependency Curriculum, Community Colleges of Baltimore County, Clinical Supervisor: Serenity Health, Aberdeen, MD – 14 Hours*

Addiction clinicians are under continuous demand to improve treatment retention and outcomes. Improving outcomes requires increasing each practitioner's skill and ability to individualize intervention strategies, and justify their treatment approaches. This experiential course will cover the basics of treatment planning, however it will emphasize the benefits of using the Stages of Change model to strategize client interventions that are appropriate to stage, as well as provide individualized and measurable clinical indicators of client progress.

Prerequisites: Introductory addiction course, screening and assessment course.

June 26, 27 and 28

Building Effective Teams – *Nancy Hoffman, PhD, LCPC, Management Consultant and Adjunct Faculty member at Stevenson University, Baltimore, MD – 21 Hours*

Teams are quickly becoming a standard way of doing many different kinds of work in organizations and in communities. Clinical treatment teams, intact work groups, leadership teams, working committees, quality improvement teams, and task forces are common in workplaces and community groups. This course examines the process of creating and maintaining high functioning teams regardless of the team's purpose. Course material is based on research into characteristics of highly productive teams and covers topics such as team goals, membership and structure, leadership, collaboration and communication, problem solving and decision making, common team problems, and personality and teamwork. The course is experiential, providing students numerous opportunities to learn by engaging in team activities.

This course applies toward the specialized training requirement for the State of Maryland's position classification of Alcohol and Drug Abuse Counselor, Supervisor.

CERTIFICATES

OETAS is approved to grant Continuing Education Units (CEU) by the organizations listed below. All course and workshop participants will receive a certificate of participation for each training event they attend. **Participants must attend all hours of training in order to receive a certificate.**

Alcohol and Drug Counselors - The Maryland Board of Professional Counselors and Therapists and the Maryland Addictions Professional Certification Board (MAPCB) have approved all OETAS courses and seminars for CEU.

Social Workers and Certified Professional Counselors - The Maryland State Board of Social Work Examiners has approved all OETAS courses for Category 1 CEU.

Psychologists - The State Board of Examiners of Psychologists has approved all OETAS courses for CEU.

REGISTRATION

An application for registration of courses can be found on the last page of this catalogue. **You may also download application forms from our web site at www.adaa.dhmfh.maryland.gov.** To do this, look to the left of the web page for the OETAS link to download the catalog and application. Fill out the application right on the web site, print it out and mail your application with payment to the OETAS office. **APPLICATIONS WITHOUT FULL PAYMENT CANNOT BE ACCEPTED.** Only agencies paying by R*STARS transfer may FAX applications with the CUR DOC number. You will receive confirmation, including directions to the training by e-mail. For those applicants without email, a confirmation will be mailed to the address provided on the application. **If you do not receive confirmation concerning your registration, you are not registered. Contact the OETAS office prior to class attendance.** Only checks, money orders or R*Stars Transfers are accepted as payment. Purchase orders will be accepted from Federal Agencies only. If you are registering for more than one course or workshop, you may use one application.

OETAS courses and workshops are scheduled from 8:30 AM – 4:30 PM in the OETAS Training Room. The OETAS Training Room is located on the ground floor of the Alcohol and Drug Abuse Administration, 55 Wade Avenue, Catonsville, MD 21228.

Directions will be e-mailed with your confirmation or can be found at www.adaa.dhmfh.maryland.gov.

FEES

Fourteen hour course: 8:30 a.m. to 4:30 p.m.	\$120.00 (2 Day Course) 14 CEU
Twenty-one hour course: 8:30 a.m. to 4:30 p.m.	\$160.00 (3 Day Course) 21 CEU

ABOUT OETAS

The Office of Education and Training for Addiction Services (OETAS) is a unit within the ROSC Division of the Maryland Alcohol and Drug Abuse Administration. Our mission is to design and deliver addictions training to meet the varied needs of professionals across Maryland who work with at risk, substance abusing and substance dependent individuals and their families. For over thirty years, OETAS has responded to the needs of beginning and experienced addictions practitioners by providing high quality continuing education training.

REFUND/CREDIT POLICY

A refund or credit will be granted when a Refund Credit Request Form is received at the OETAS office no later than five working days prior to the first class session. This form can be downloaded from www.adaa.dhmdh.maryland.gov under the OETAS link. Please allow 6-8 weeks for refunds to arrive in the mail.

INCLEMENT WEATHER POLICY

If, as of 7:00 a.m. on the morning of a scheduled OETAS class, Baltimore County Public Schools are **delayed** or **closed**, then the OETAS class will be postponed to a later date. We will notify you regarding the rescheduling of the session via e-mail and/or phone call. If you have any questions, please call our main number, 410-402-8585.

PREREQUISITES

Prerequisites are identified for many of the courses and workshops we offer. They may be viewed as a guide to the participant regarding knowledge or skills needed in order to participate fully and benefit from the course or workshop. Prior to registering for a course or workshop participants should evaluate whether they possess the knowledge or skills needed to understand the content and participate fully. Participants should not expect the instructor to alter the course material or presentation to accommodate the participants' knowledge or skill gaps.

Alcohol and Drug Abuse Administration
Office of Education and Training of Addiction Services (OETAS)
55 Wade Avenue, Catonsville, MD, 21228
(410) 402-8585 Fax: (410) 402-8604
Website: www.adaa.dhmdh.maryland.gov

For OETAS use only

SPRING 2012 COMMUTER APPLICATION

Please print all information clearly:

Name: _____ Social Security #: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ E-mail: _____

Employer: _____ County: _____

Employer Phone: _____ Fax: _____

COURSE/WORKSHOP SELECTION: Please check box of all courses for which you are submitting payment. Confirmation(s) will be sent via e-mail.

2 Day Class (\$120)	3 Day Class (\$160)	3 Day Class (\$160)
<input type="checkbox"/> Using the Stages of Change Model to Strategize Treatment Planning May 15 and 16, 2012	<input type="checkbox"/> The Family in Recovery March 14, 21 and 28, 2012	<input type="checkbox"/> Motivational Interviewing to Increase Retention and Engagement May 4, 11 and 18, 2012
	<input type="checkbox"/> On Chemical Dependence and Human Development April 3, 4 and 5, 2012	<input type="checkbox"/> Building Effective Teams June 26, 27 & 28, 2012
	<input type="checkbox"/> The Addicted Patient with Anxiety Disorder April 10, 17 and 24, 2012	

Total Amount Enclosed: \$ _____

ONLY CHECK, MONEY ORDER AND R*STARS TRANSFER ACCEPTED

This application **will not** be accepted without payment. Make checks and money orders payable to **DHMH-OETAS**.
DO NOT SEND CASH. Purchase orders are accepted from federal agencies only.

Agency: **MOO**
PCA: **K105S**
Revenue Object: **6657**
R*STARS Transaction Code: **410**
Index Code: **10900**

When processing the R*STARS transaction, indicate the student's name and course name in the description field.

Important: Show payment by supplying the transaction Cur Doc Number below and return to OETAS in order to complete the registration.

R*STARS Transfer for Maryland State Agency Use Only:

CUR DOC # _____ FISCAL OFFICER _____
PHONE _____

FAX R*STARS TRANSACTIONS TO: 410-402-8604

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The Maryland Department of Health and Mental Hygiene (DHMH) does not discriminate on the basis of race, color, sex, national origin, or disability in the operation and administration of its services, facilities, programs, benefits and employment opportunities.